

# Family Matters

## in Warwickshire

### **Health Professionals**

Family Matters accepts referrals directly from families or from any professional, with consent.

In addition to working directly with families, we also offer consultation, training and co-working.

### **Consultation**

Family Matters offers consultation on an occasional or regular basis, to a range of professionals. This can be individually or in small groups. The aim is to support you in further developing your understanding of the child or family, and to increase clarity over what needs to change to allow them to move forward. We can also support you in the implementation of a range of therapeutic approaches. We do not take on case responsibility without a specific referral.

### **Training**

Family Matters offers a number of training sessions on topics such as attachment and infant mental health; baby brain development; autism spectrum disorder; and developing formulation skills. We are happy to develop a package to suit your needs.

We are able to deliver these in a range of settings and styles; including discussion over lunch in busy GP practices!

### **Co-working**

Families often need a step-up / step-down approach to their care. We are happy to become involved with complex families on a short-term basis to provide a focused piece of work to support the work of health visitors or school nurses, for example.

Alternatively, we can work together with a family from the outset.